



Treat yourself to a well-deserved moment of relaxation, well-being and break.

JACUZZI

Enjoy a moment of relaxation in our private Jacuzzi located opposite the “Vieux Logis” pavilion.

30€ - 45 mins per person

SAUNA

Eliminate the stress and toxins of everyday life with the purifying virtues of a private sauna session.

30€ - 45 mins per person

MASSAGE

Let yourself be guided by the expert hands of our practitioners: sublimating treatments, relaxing or energizing massages, scrubs...

110€ - 60 mins per person

POOL

Open in summer, the heated swimming pool is freely accessible. Towels are available from reception.

8 a.m 8 p.m

Massages and Treatments

OMNISENS mind-body sports massage: this golf ball massage is designed for sports enthusiasts or people looking for invigorating, rhythmic techniques. It eliminates toxins and promotes muscle recovery. It also provides general relaxation. Duration: 1 hour. Price 110€.

OMNISENS Thai-inspired reflexology: combines a relaxing foot massage with specific specific touch on precise zones from the ankles to the knees. It's a relaxing, draining massage. It's a relaxing and draining massage that improves overall fitness and gives you a feeling of lighter legs. Duration: 1 hour. Price 110€.

30-minute body scrub + 30-minute OMNISENS massage: duration 1h. Price 110€.

30-minute facial scrub + 30-minute body massage: duration 1h. Price 110€.

Californian massage: a global approach that aims both to relax and awaken mind-body awareness. This massage uses long, slow, fluid movements to achieve physical and mental relaxation. Starting with gentle, enveloping and relaxing effleurage strokes and intensify to relieve tension. Duration: 1 hour. Price 110€.

Swedish massage: a dynamic massage technique designed to dissolve tension and firm muscles and joints. Its toning, relaxing effect promotes blood and lymph circulation circulation and the elimination of toxins, helping the body to regain its natural balance. Duration: 1 hour. Price 110€.

Shiatsu massage: a technique derived from Chinese medicine, consisting of a series of pressures along the meridians. Shiatsu maintains health and encourages the free circulation of energy. It calms the emotions and clears the mind. It erases fatigue, restores sleep, regulates mood and releases tension from the body. Stimulates the body's defenses. Promotes a state of well-being and inner calm. Duration: 1 hour. Price 110€.

Multi-massages Energie: a sequence of Californian, Thai, Swedish massages, Shiatsu digression and Foot reflexology for extreme relaxation and genuine mental and physical "letting go". Duration 1h: Price 110€.

Price: 110€ per hour per person with free 30-minute access to the sauna, possibility of extending your massage session in the sauna on request when booking.

Hot stone massage: discover a moment of intense relaxation. Applied directly to the skin or placed on a thin sheet, the volcanic stones are heated to over 50 degrees, draining away toxins and relieving deep-rooted muscular tension and chronic pain. Hot stone massage is truly relaxing, soothing and draining. Individual session 60 mn Price 125€.

All massages can be done in DUO with two masseuses (subject to availability).

OMNISENS facial treatments :

OMNISENS remodeling anti-ageing facial: this anti-ageing treatment helps restore perfect hydration. hydration. A real radiance boost, the skin looks younger. Duration: 1 hour. Price €110.

OMNISENS revitalizing facial: This treatment promotes cellular renewal of the skin. Thanks to its remodeling action, skin is plumped and smoothed. Duration: 1 hour. Price 110€.